



Birds of the Isthmus of Panama Trip Report, January 4-17, 2023



A wonderful trip with 8 folks from UK, Canada and USA. We started in the Canal zone visiting the famous **Pipeline Road** and some other birding spots around **Gamboa**. After 2 days we moved to the Central Panama foothills (**El Valle de Anton**). On our way we did a nice stop in the first National Park in Panama Altos de Campana National Park where we got a fantastic view of a **Spotted Antbird** and many more. Around El Valle we really enjoyed the nice weather and special birds like **Tody Motmot**, **Spectacled Owl** and many others. We left El Valle very early to take our flight to the western Panama highlands, but before the flight we did a stop at Parque Natural Metropolitano in Panama City where we got to see the **Common Potoo** and a very good view of a Hoffmann's Two-toed Sloth. In the Chiriqui highlands, we enjoyed seeing many Talamanca region specialties like **Wrenthrush** and **Costa Rican Pygmy Owl**. After our visit in Western Panama, we traveled to the other end of the country, the Darien lowlands. Here we saw the majestic **Harpy Eagle** and many other Darien specialties.

Other animals
we saw along
the way were;
Brown-
throated
Three-toed
Sloth,
Huffmann's
two toed
Sloth,



Geoffroy's Tamarin, Panamanian Night Monkey, Panamanian White-faced Capuchin Monkey, Mantled Howler Monkey, Variegated Squirrel, Red-tailed Squirrel, Lesser Capybara, Central American Agouti, Forest Rabbit, White-nosed Coati, White-tailed Deer, Spectacled Caiman, Black Spiny-tailed Iguana, Common-house Gecko, Green Iguana, Yellow-headed Gecko, Rainbow Whiptail, Yellow-bellied Racer, Common-blue Morpho, Erato-long Winged, Blue-winged Helicopter.

Species observed 366

Great Tinamou

6 Jan 2023 [07:45](#)

Pipeline Road

Little Tinamou

14 Jan 2023 [08:28](#)

Tortí

Black-bellied Whistling-Duck

16 Jan 2023 [13:17](#)

Interamericana, Panamá, PA

Muscovy Duck

5 Jan 2023 [15:38](#)

Summit Ponds

13 Jan 2023 [15:30](#)

Río Tortí

Blue-winged Teal

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

Gray-headed Chachalaca

7 Jan 2023 [09:43](#)

PN Altos de Campana

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Spotted Wood-Quail

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

Pied-billed Grebe

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Pale-vented Pigeon

5 Jan 2023 [15:38](#)

Summit Ponds

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

14 Jan 2023 [16:14](#)

Interamericana--km.263

Scaled Pigeon

15 Jan 2023 [16:06](#)

Camino a El Salto

Ruddy Ground Dove

8 Jan 2023 [06:56](#)

La Mesa

13 Jan 2023 [10:11](#)

Puente del Río Mono

13 Jan 2023 [11:42](#)

Panamericana, Provincia de Panamá, PA (9.018, -78.561)

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [08:28](#)

Tortí

14 Jan 2023 [16:14](#)

Interamericana--km.263

16 Jan 2023 [07:30](#)

Las Peñitas Road

Ruddy Quail-Dove

13 Jan 2023 [15:23](#)

Universidad De Panamá, Extencion Torti

White-tipped Dove

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

13 Jan 2023 [15:30](#)

Río Tortí

Gray-chested Dove

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

Greater Ani

15 Jan 2023 [07:59](#)

Entrada Rio La Marea

Smooth-billed Ani

13 Jan 2023 [15:23](#)

Universidad De Panamá, Extencion Torti

13 Jan 2023 [15:30](#)

Río Tortí

16 Jan 2023 [07:30](#)

Las Peñitas Road

Squirrel Cuckoo

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [16:14](#)

Interamericana--km.263

Mangrove Cuckoo

14 Jan 2023 [16:14](#)

Interamericana--km.263

Yellow around the eyes, Buffy under parts, white throat, black eyes, brown back, not rufous in primaries, vocalizing after play black

Common Pauraque

15 Jan 2023 [05:24](#)

Vía sin nombre, Provincia de Darién, PA (8.368, -78.018)

Great Potoo

14 Jan 2023 [19:20](#)

Meteti, Darién Province, PA (8.498, -77.981)

Common Potoo

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

White-collared Swift

14 Jan 2023 [16:14](#)
Interamericana--km.263

Band-rumped Swift

5 Jan 2023 [15:38](#)
Summit Ponds

6 Jan 2023 [07:45](#)
Pipeline Road (Camino del Oleoducto) (área general)

6 Jan 2023 [16:20](#)
Radisson Summit Hotel and Golf Panama

14 Jan 2023 [16:14](#)

Short-tailed Swift

5 Jan 2023 [15:38](#)
Summit Ponds

9 Jan 2023 [10:26](#)
Parque Natural Metropolitano

13 Jan 2023 [15:30](#)
Río Tortí

14 Jan 2023 [16:14](#)
Interamericana--km.263

White-necked Jacobin

5 Jan 2023 [09:23](#)
Pipeline Road (entrance to Juan Grande creek)

5 Jan 2023 [15:38](#)
Summit Ponds

6 Jan 2023 [07:45](#)
Pipeline Road (Camino del Oleoducto) (área general)

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

13 Jan 2023 [12:59](#)

Hotel y Restaurante Avicar

Rufous-breasted Hermit

14 Jan 2023 [08:28](#)

Tortí

Green Hermit

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Pale-bellied Hermit

16 Jan 2023 [07:30](#)

Las Peñitas Road

Stripe-throated Hermit

15 Jan 2023 [08:49](#)

Reserva La Marea

Brown Violetear

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Lesser Violetear

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

10 Jan 2023 [17:10](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

Purple-crowned Fairy

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

Black-throated Mango

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

13 Jan 2023 [12:59](#)

Hotel y Restaurante Avicar

14 Jan 2023 [07:15](#)

Hotel y Restaurante Avicar

14 Jan 2023 [08:28](#)

Tortí

16 Jan 2023 [07:30](#)

Las Peñitas Road

Talamanca Hummingbird

10 Jan 2023 [13:55](#)

Guadalupe--Los Quetzales Ecolodge & Spa

10 Jan 2023 [17:10](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [13:02](#)

Guadalupe--Los Quetzales Ecolodge & Spa

Long-billed Starthroat

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

White-throated Mountain-gem

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

10 Jan 2023 [17:10](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Volcano Hummingbird

10 Jan 2023 [17:10](#)

Sendero Los Quetzales Trailhead

Scintillant Hummingbird

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

Garden Emerald

6 Jan 2023 [23:00](#)

Los Altos De San Francisco (Autopista Chorrera)

7 Jan 2023 [16:48](#)

Cara Iguana

Violet Sabrewing

10 Jan 2023 [13:55](#)

Guadalupe--Los Quetzales Ecolodge & Spa

White-vented Plumeleteer

7 Jan 2023 [09:43](#)

PN Altos de Campana

8 Jan 2023 [15:31](#)

Sendero de Los Berros

15 Jan 2023 [16:06](#)

Camino a El Salto

Crowned Woodnymph

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Stripe-tailed Hummingbird

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

Scaly-breasted Hummingbird

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

13 Jan 2023 [12:59](#)

Hotel y Restaurante Avicar

14 Jan 2023 [08:28](#)

Tortí

Snowy-bellied Hummingbird

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [09:43](#)

PN Altos de Campana

HO

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

11 Jan 2023 [13:02](#)

Guadalupe--Los Quetzales Ecolodge & Spa

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

13 Jan 2023 [12:59](#)

Hotel y Restaurante Avicar

14 Jan 2023 [07:15](#)

Hotel y Restaurante Avicar

Rufous-tailed Hummingbird

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

10 Jan 2023 [13:55](#)

Guadalupe--Los Quetzales Ecolodge & Spa

11 Jan 2023 [13:02](#)

Guadalupe--Los Quetzales Ecolodge & Spa

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

13 Jan 2023 [12:59](#)

Hotel y Restaurante Avicar

Sapphire-throated Hummingbird

13 Jan 2023 [12:59](#)

Hotel y Restaurante Avicar

16 Jan 2023 [07:30](#)

Las Peñitas Road

Blue-chested Hummingbird

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

8 Jan 2023 [15:31](#)

Sendero de Los Berros

15 Jan 2023 [16:06](#)

Camino a El Salto

Violet-bellied Hummingbird

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

13 Jan 2023 [10:11](#)

Puente del Río Mono

15 Jan 2023 [16:06](#)

Camino a El Salto

Gray-cowled Wood-Rail

8 Jan 2023 [17:45](#)

Anton Valley, Coclé Province, PA (8.604, -80.122)

Common Gallinule

11 Jan 2023 [15:25](#)

Lagunas de Volcán

American Coot

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Purple Gallinule

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

13 Jan 2023 [09:37](#)

Bayano Lake bridge

14 Jan 2023 [16:14](#)

Interamericana--km.263

White-throated Crane

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

Heard only

Southern Lapwing

5 Jan 2023 [07:11](#)

Radisson Summit Hotel and Golf Panama

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

5 Jan 2023 [18:08](#)

Radisson Summit Hotel and Golf Panama

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [15:31](#)

Sendero de Los Berros

13 Jan 2023 [15:30](#)

Río Tortí

Northern Jacana

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Wattled Jacana

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

14 Jan 2023 [16:14](#)

Interamericana--km.263

Whimbrel

15 Jan 2023 [07:59](#)

Entrada Rio La Marea

Spotted Sandpiper

5 Jan 2023 [18:08](#)

Radisson Summit Hotel and Golf Panama

13 Jan 2023 [15:30](#)

Río Tortí

15 Jan 2023 [06:30](#)

La Reversa,

15 Jan 2023 [07:59](#)

Entrada Rio La Marea

Solitary Sandpiper

13 Jan 2023 [15:30](#)

Río Tortí

Royal Tern

15 Jan 2023 [07:54](#)

Río Tuira

Sandwich Tern

15 Jan 2023 [06:30](#)

La Reversa,

Wood Stork

13 Jan 2023 [12:13](#)

Panamericana, Provincia de Panamá, PA (8.932, -78.408)

15 Jan 2023 [05:24](#)

Vía sin nombre, Provincia de Darién, PA (8.368, -78.018)

15 Jan 2023 [13:04](#)

Chepigana District, Darién Province, PA (8.332, -78.016)

Magnificent Frigatebird

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

13 Jan 2023 [09:37](#)

Bayano Lake bridge

15 Jan 2023 [06:30](#)

La Reversa,

15 Jan 2023 [07:54](#)

Río Tuira

Anhinga

13 Jan 2023 [09:37](#)

Bayano Lake bridge

Neotropic Cormorant

15 Jan 2023 [07:59](#)

Entrada Rio La Marea

Brown Pelican

5 Jan 2023 [07:36](#)

Gamboa--Puente sobre el Chagres

15 Jan 2023 [07:54](#)

Río Tuira

Rufescent Tiger-Heron

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

Great Blue Heron

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Cocoi Heron

13 Jan 2023 [09:37](#)

Bayano Lake bridge

15 Jan 2023 [05:24](#)

Vía sin nombre, Provincia de Darién, PA (8.368, -78.018)

15 Jan 2023 [07:59](#)

Entrada Rio La Marea

Great Egret

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

7 Jan 2023 [16:48](#)

Cara Iguana

11 Jan 2023 [15:25](#)

Lagunas de Volcán

13 Jan 2023 [09:37](#)

Bayano Lake bridge

15 Jan 2023 [07:59](#)

Entrada Rio La Marea

Snowy Egret

15 Jan 2023 [07:59](#)

Entrada Rio La Marea

Little Blue Heron

5 Jan 2023 [07:11](#)

Radisson Summit Hotel and Golf Panama

5 Jan 2023 [18:08](#)

Radisson Summit Hotel and Golf Panama

8 Jan 2023 [15:31](#)

Sendero de Los Berros

11 Jan 2023 [15:25](#)

Lagunas de Volcán

13 Jan 2023 [15:30](#)

Río Tortí

15 Jan 2023 [07:54](#)

Río Tuira

15 Jan 2023 [07:59](#)

Entrada Rio La Marea

Tricolored Heron

13 Jan 2023 [15:30](#)

Río Tortí

Cattle Egret

5 Jan 2023 [15:38](#)

Summit Ponds

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [15:31](#)

Sendero de Los Berros

10 Jan 2023 [13:55](#)

Guadalupe--Los Quetzales Ecolodge & Spa

11 Jan 2023 [13:02](#)

Guadalupe--Los Quetzales Ecolodge & Spa

11 Jan 2023 [15:25](#)

Lagunas de Volcán

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [08:28](#)

Tortí

16 Jan 2023 [13:17](#)

Interamericana, Panamá, PA (8.954, -78.429)

Green Heron

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

5 Jan 2023 [15:38](#)

Summit Ponds

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Striated Heron

13 Jan 2023 [09:37](#)

Bayano Lake bridge

Capped Heron

16 Jan 2023 [07:30](#)

Las Peñitas Road

Fly be

Yellow-crowned Night-Heron

15 Jan 2023 [07:59](#)

Entrada Rio La Marea

Boat-billed Heron

5 Jan 2023 [15:38](#)

Summit Ponds

White Ibis

14 Jan 2023 [08:28](#)

Tortí

15 Jan 2023 [06:30](#)

La Reversa,

15 Jan 2023 [07:59](#)

Entrada Rio La Marea

King Vulture

15 Jan 2023 [16:06](#)

Camino a El Salto

Black Vulture

Turkey Vulture

Lesser Yellow-headed Vulture

15 Jan 2023 [13:04](#)

Chepigana District, Darién Province, PA (8.332, -78.016)

Osprey

13 Jan 2023 [09:37](#)

Bayano Lake bridge

15 Jan 2023 [07:54](#)

Río Tuira

Pearl Kite

16 Jan 2023 [10:17](#)

Panamericana, Provincia de Darién, PA (8.453, -77.93)

Swallow-tailed Kite

15 Jan 2023 [16:06](#)

Camino a El Salto

Harpy Eagle

15 Jan 2023 [08:49](#)

Reserva La Marea

Ornate Hawk-Eagle

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

Double-toothed Kite

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Common Black Hawk

15 Jan 2023 [06:30](#)

La Reversa,

15 Jan 2023 [07:59](#)

Entrada Rio La Marea

16 Jan 2023 [07:30](#)

Las Peñitas Road

Savanna Hawk

13 Jan 2023 [08:19](#)

Panamericana, Chepo, Provincia de Panamá, PA (9.146, -79.167)

Roadside Hawk

8 Jan 2023 [15:31](#)

Sendero de Los Berros

13 Jan 2023 [15:23](#)

Universidad De Panamá, Extencion Torti

15 Jan 2023 [16:06](#)

Camino a El Salto

16 Jan 2023 [07:30](#)

Las Peñitas Road

White-tailed Hawk

10 Jan 2023 [08:19](#)

Bajo Grande

White Hawk

8 Jan 2023 [12:15](#)

Mata Hogado

Semiplumbeous Hawk

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

Broad-winged Hawk

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

13 Jan 2023 [10:11](#)

Puente del Río Mono

14 Jan 2023 [08:28](#)

Tortí

Short-tailed Hawk

7 Jan 2023 [16:13](#)

Grimaldo's

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [12:15](#)

Mata Hogado

16 Jan 2023 [07:30](#)

Las Peñitas Road

Zone-tailed Hawk

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

13 Jan 2023 [11:42](#)

Panamericana, Provincia de Panamá, PA (9.018, -78.561)

Red-tailed Hawk

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

Spectacled Owl

7 Jan 2023 [16:48](#)

Cara Iguana

Costa Rican Pygmy-Owl

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

Resplendent Quetzal

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

Slaty-tailed Trogon

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

5 Jan 2023 [15:38](#)

Summit Ponds

Black-tailed Trogon

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

13 Jan 2023 [10:11](#)

Puente del Río Mono

HO

White-tailed Trogon

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

HO

15 Jan 2023 [08:49](#)

Reserva La Marea

HO

Gartered Trogon

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

HO

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

Black-throated Trogon

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

HO

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

Tody Motmot

8 Jan 2023 [15:31](#)

Sendero de Los Berros

Lesson's Motmot

7 Jan 2023 [16:48](#)

Cara Iguana

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Whooping Motmot

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [08:28](#)

Tortí

Rufous Motmot

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

7 Jan 2023 [09:43](#)

PN Altos de Campana

8 Jan 2023 [06:56](#)

La Mesa

Broad-billed Motmot

8 Jan 2023 [15:31](#)

Sendero de Los Berros

Ringed Kingfisher

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

15 Jan 2023 [06:30](#)

La Reversa,

Amazon Kingfisher

5 Jan 2023 [15:38](#)

Summit Ponds

Green Kingfisher

11 Jan 2023 [15:25](#)

Lagunas de Volcán

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

White-necked Puffbird

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

15 Jan 2023 [16:06](#)

Camino a El Salto

Black-breasted Puffbird

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

Pied Puffbird

14 Jan 2023 [08:28](#)

Tortí

HO

14 Jan 2023 [16:14](#)

Interamericana--km.263

15 Jan 2023 [16:06](#)

Camino a El Salto

Barred Puffbird

13 Jan 2023 [15:30](#)

Río Tortí

Gray-cheeked Nunlet

13 Jan 2023 [15:30](#)

Río Tortí

Great Jacamar

15 Jan 2023 [08:49](#)

Reserva La Marea

HO

Northern Emerald-Toucanet

8 Jan 2023 [06:56](#)

La Mesa

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

Collared Aracari

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

13 Jan 2023 [15:30](#)

Río Tortí

15 Jan 2023 [16:06](#)

Camino a El Salto

Yellow-throated Toucan

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

Keel-billed Toucan

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

HO

8 Jan 2023 [15:31](#)

Sendero de Los Berros

HO

13 Jan 2023 [15:23](#)

Universidad De Panamá, Extencion Torti

14 Jan 2023 [07:15](#)

Hotel y Restaurante Avicar

16 Jan 2023 [07:30](#)

Las Peñitas Road

Olivaceous Piculet

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

14 Jan 2023 [08:28](#)

Tortí

Black-cheeked Woodpecker

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

HO

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

13 Jan 2023 [10:11](#)

Puente del Río Mono

15 Jan 2023 [06:30](#)

La Reversa,

Red-crowned Woodpecker

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [09:43](#)

PN Altos de Campana

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [15:31](#)

Sendero de Los Berros

11 Jan 2023 [13:02](#)

Guadalupe--Los Quetzales Ecolodge & Spa

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

13 Jan 2023 [15:30](#)

Río Tortí

16 Jan 2023 [07:30](#)

Las Peñitas Road

Crimson-crested Woodpecker

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

13 Jan 2023 [15:30](#)

Río Tortí

15 Jan 2023 [08:49](#)

Reserva La Marea

Lineated Woodpecker

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

HO

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

8 Jan 2023 [15:31](#)

Sendero de Los Berros

Spot-breasted Woodpecker

13 Jan 2023 [15:30](#)

Río Tortí

Laughing Falcon

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

HO

16 Jan 2023 [07:30](#)

Las Peñitas Road

Crested Caracara

7 Jan 2023 [12:29](#)

13-83 Manzana 130303, Campana, Panamá, PA (8.694, -79.904)

Yellow-headed Caracara

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

13 Jan 2023 [15:30](#)

Río Tortí

16 Jan 2023 [07:30](#)

Las Peñitas Road

American Kestrel

13 Jan 2023 [08:30](#)

Chepo, Panamá Province, PA (9.184, -79.085)

13 Jan 2023 [15:23](#)

Universidad De Panamá, Extencion Torti

Orange-chinned Parakeet

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [09:43](#)

PN Altos de Campana

14 Jan 2023 [16:14](#)

Interamericana--km.263

Blue-headed Parrot

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

14 Jan 2023 [16:14](#)

Interamericana--km.263

15 Jan 2023 [06:30](#)

La Reversa,

Red-lored Parrot

14 Jan 2023 [16:14](#)

Interamericana--km.263

HO

15 Jan 2023 [16:06](#)

Camino a El Salto

Mealy Parrot

15 Jan 2023 [16:06](#)

Camino a El Salto

HO

Sulphur-winged Parakeet

10 Jan 2023 [17:10](#)

Sendero Los Quetzales Trailhead

Fly be

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Brown-throated Parakeet

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Blue-and-yellow Macaw

15 Jan 2023 [08:49](#)

Reserva La Marea

Chestnut-fronted Macaw

14 Jan 2023 [16:14](#)

Interamericana--km.263

Fasciated Antshrike

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

5 Jan 2023 [15:38](#)

Summit Ponds

Great Antshrike

14 Jan 2023 [08:28](#)

Tortí

16 Jan 2023 [07:30](#)

Las Peñitas Road

Barred Antshrike

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

13 Jan 2023 [15:30](#)

Río Tortí

Black-crowned Antshrike

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

7 Jan 2023 [09:43](#)

PN Altos de Campana

14 Jan 2023 [08:28](#)

Tortí

Black-hooded Antshrike

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

HO

Black Antshrike

14 Jan 2023 [08:28](#)

Tortí

Checker-throated Stipplethroat

15 Jan 2023 [08:49](#)

Reserva La Marea

Pacific Antwren

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [08:28](#)

Tortí

15 Jan 2023 [06:30](#)

La Reversa,

White-flanked Antwren

15 Jan 2023 [08:49](#)

Reserva La Marea

HO

Rusty-winged Antwren

13 Jan 2023 [10:11](#)

Puente del Río Mono

HO

Dot-winged Antwren

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

Dusky Antbird

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

Female

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

14 Jan 2023 [08:28](#)

Tortí

Jet Antbird

14 Jan 2023 [08:28](#)

Tortí

White-bellied Antbird

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

14 Jan 2023 [08:28](#)

Tortí

16 Jan 2023 [07:30](#)

Las Peñitas Road

Chestnut-backed Antbird

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

Bicolored Antbird

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

Spotted Antbird

7 Jan 2023 [09:43](#)

PN Altos de Campana

Streak-chested Antpitta

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

Silvery-fronted Tapaculo

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Black-faced Antthrush

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

Plain-brown Woodcreeper

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

HO

Cocoa Woodcreeper

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [06:56](#)

La Mesa

13 Jan 2023 [10:11](#)

Puente del Río Mono

13 Jan 2023 [15:30](#)

Río Tortí

Spotted Woodcreeper

7 Jan 2023 [09:43](#)

PN Altos de Campana

Straight-billed Woodcreeper

15 Jan 2023 [06:30](#)

La Reversa,

Streak-headed Woodcreeper

13 Jan 2023 [10:11](#)

Puente del Río Mono

13 Jan 2023 [15:30](#)

Río Tortí

15 Jan 2023 [08:49](#)

Reserva La Marea

16 Jan 2023 [07:30](#)

Las Peñitas Road

Spot-crowned Woodcreeper

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Plain Xenops

14 Jan 2023 [08:28](#)

Tortí

Buffy Tuftedcheek

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Chiriqui Foliage-gleaner

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Spotted Barbtail

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Ruddy Treerunner

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Double-banded Graytail

14 Jan 2023 [08:28](#)

Tortí

Red-faced Spinetail

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

Slaty Spinetail

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Lance-tailed Manakin

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

White-ruffed Manakin

7 Jan 2023 [09:43](#)

PN Altos de Campana

8 Jan 2023 [06:56](#)

La Mesa

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Velvety Manakin

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

HO

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Orange-collared Manakin

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Golden-collared Manakin

8 Jan 2023 [06:56](#)

La Mesa

14 Jan 2023 [08:28](#)

Tortí

Red-capped Manakin

5 Jan 2023 [15:38](#)

Summit Ponds

HO

Golden-headed Manakin

15 Jan 2023 [08:49](#)

Reserva La Marea

HO

Purple-throated Fruitcrow

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

15 Jan 2023 [08:49](#)

Reserva La Marea

Blue Cotinga

15 Jan 2023 [16:06](#)

Camino a El Salto

Black-crowned Tityra

16 Jan 2023 [07:30](#)

Las Peñitas Road

Masked Tityra

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

15 Jan 2023 [06:30](#)

La Reversa,

Russet-winged Schiffornis

15 Jan 2023 [08:49](#)

Reserva La Marea

HO

Cinnamon Becard

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [08:28](#)

Tortí

White-winged Becard

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

14 Jan 2023 [08:28](#)

Tortí

Ruddy-tailed Flycatcher

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

7 Jan 2023 [09:43](#)

PN Altos de Campana

Black-tailed Flycatcher

5 Jan 2023 [15:38](#)

Summit Ponds

Olive-striped Flycatcher

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

Ochre-bellied Flycatcher

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

Scale-crested Pygmy-Tyrant

7 Jan 2023 [09:43](#)

PN Altos de Campana

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Southern Bentbill

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

14 Jan 2023 [08:28](#)

Tortí

15 Jan 2023 [08:49](#)

Reserva La Marea

Common Tody-Flycatcher

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [15:31](#)

Sendero de Los Berros

Black-headed Tody-Flycatcher

14 Jan 2023 [08:28](#)

Tortí

16 Jan 2023 [07:30](#)

Las Peñitas Road

Yellow-olive Flycatcher

5 Jan 2023 [15:38](#)

Summit Ponds

7 Jan 2023 [16:48](#)

Cara Iguana

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

13 Jan 2023 [15:30](#)

Río Tortí

Yellow-winged Flycatcher

14 Jan 2023 [08:28](#)

Tortí

Ochre-lored Flycatcher

14 Jan 2023 [16:14](#)

Interamericana--km.263

16 Jan 2023 [07:30](#)

Las Peñitas Road

Brown-capped Tyrannulet

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

Southern Beardless-Tyrannulet

5 Jan 2023 [15:38](#)

Summit Ponds

8 Jan 2023 [12:15](#)

Mata Hogado

16 Jan 2023 [07:30](#)

Las Peñitas Road

Yellow Tyrannulet

14 Jan 2023 [08:28](#)

Tortí

Yellow-crowned Tyrannulet

13 Jan 2023 [12:59](#)

Hotel y Restaurante Avicar

Forest Elaenia

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

13 Jan 2023 [10:11](#)

Puente del Río Mono

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [08:28](#)

Tortí

15 Jan 2023 [06:30](#)

La Reversa,

15 Jan 2023 [08:49](#)

Reserva La Marea

Choco Elaenia

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

15 Jan 2023 [08:49](#)

Reserva La Marea

Greenish Elaenia

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

Yellow-bellied Elaenia

8 Jan 2023 [15:31](#)

Sendero de Los Berros

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Lesser Elaenia

7 Jan 2023 [12:29](#)

13-83 Manzana 130303, Campana, Panamá, PA (8.694, -79.904)

8 Jan 2023 [06:56](#)

La Mesa

Mountain Elaenia

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

White-fronted Tyrannulet

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

Mistletoe Tyrannulet

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

Bran-colored Flycatcher

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

Tufted Flycatcher

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Yellow-bellied Flycatcher

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Acadian Flycatcher

13 Jan 2023 [10:11](#)

Puente del Río Mono

14 Jan 2023 [08:28](#)

Tortí

15 Jan 2023 [08:49](#)

Reserva La Marea

Yellowish Flycatcher

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Long-tailed Tyrant

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

Bright-rumped Attila

13 Jan 2023 [10:11](#)

Puente del Río Mono

Rufous Mourner

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

7 Jan 2023 [09:43](#)

PN Altos de Campana

Dusky-capped Flycatcher

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

7 Jan 2023 [09:43](#)

PN Altos de Campana

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

15 Jan 2023 [16:06](#)

Camino a El Salto

Panama Flycatcher

8 Jan 2023 [15:31](#)

Sendero de Los Berros

13 Jan 2023 [15:30](#)

Río Tortí

Great Crested Flycatcher

15 Jan 2023 [16:06](#)

Camino a El Salto

16 Jan 2023 [07:30](#)

Las Peñitas Road

Lesser Kiskadee

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

5 Jan 2023 [15:38](#)

Summit Ponds

Great Kiskadee

7 Jan 2023 [16:48](#)

Cara Iguana

13 Jan 2023 [15:30](#)

Río Tortí

Boat-billed Flycatcher

5 Jan 2023 [15:38](#)

Summit Ponds

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

13 Jan 2023 [10:11](#)

Puente del Río Mono

13 Jan 2023 [15:30](#)

Río Tortí

16 Jan 2023 [07:30](#)

Las Peñitas Road

Rusty-margined Flycatcher

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [08:28](#)

Tortí

14 Jan 2023 [16:14](#)

Interamericana--km.263

Social Flycatcher

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

7 Jan 2023 [09:43](#)

PN Altos de Campana

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

Gray-capped Flycatcher

8 Jan 2023 [06:56](#)

La Mesa

Streaked Flycatcher

5 Jan 2023 [07:11](#)

Radisson Summit Hotel and Golf Panama

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

8 Jan 2023 [15:31](#)

Sendero de Los Berros

13 Jan 2023 [09:37](#)

Bayano Lake bridge

13 Jan 2023 [12:59](#)

Hotel y Restaurante Avicar

13 Jan 2023 [15:23](#)

Universidad De Panamá, Extencion Torti

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [08:28](#)

Tortí

Piratic Flycatcher

13 Jan 2023 [10:11](#)

Puente del Río Mono

Tropical Kingbird

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [09:43](#)

PN Altos de Campana

7 Jan 2023 [16:13](#)

Grimaldo's

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

11 Jan 2023 [15:25](#)

Lagunas de Volcán

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

13 Jan 2023 [09:37](#)

Bayano Lake bridge

13 Jan 2023 [10:11](#)

Puente del Río Mono

13 Jan 2023 [11:42](#)

Panamericana, Provincia de Panamá, PA (9.018, -78.561)

13 Jan 2023 [15:23](#)

Universidad De Panamá, Extencion Torti

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [08:28](#)

Tortí

14 Jan 2023 [16:14](#)

Interamericana--km.263

15 Jan 2023 [07:59](#)

Entrada Rio La Marea

16 Jan 2023 [07:30](#)

Las Peñitas Road

Fork-tailed Flycatcher

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

13 Jan 2023 [09:37](#)

Bayano Lake bridge

13 Jan 2023 [15:23](#)

Universidad De Panamá, Extencion Torti

Rufous-browed Peppershrike

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Scrub Greenlet

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

Green Shrike-Vireo

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

Lesser Greenlet

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

14 Jan 2023 [08:28](#)

Tortí

15 Jan 2023 [08:49](#)

Reserva La Marea

Golden-fronted Greenlet

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

13 Jan 2023 [15:30](#)

Río Tortí

Yellow-throated Vireo

5 Jan 2023 [15:38](#)

Summit Ponds

11 Jan 2023 [15:25](#)

Lagunas de Volcán

HO

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Yellow-winged Vireo

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

10 Jan 2023 [17:10](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Philadelphia Vireo

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Brown-capped Vireo

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Black-chested Jay

7 Jan 2023 [09:43](#)

PN Altos de Campana

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [06:56](#)

La Mesa

Blue-and-white Swallow

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Southern Rough-winged Swallow

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

5 Jan 2023 [15:38](#)

Summit Ponds

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [15:31](#)

Sendero de Los Berros

14 Jan 2023 [08:28](#)

Tortí

Gray-breasted Martin

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

16 Jan 2023 [10:17](#)

Panamericana, Provincia de Darién, PA (8.453, -77.93)

Mangrove Swallow

5 Jan 2023 [15:38](#)

Summit Ponds

15 Jan 2023 [07:59](#)

Entrada Rio La Marea

Tawny-faced Gnatwren

8 Jan 2023 [06:56](#)

La Mesa

White-browed Gnatcatcher

5 Jan 2023 [15:38](#)

Summit Ponds

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

16 Jan 2023 [07:30](#)

Las Peñitas Road

House Wren

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [15:31](#)

Sendero de Los Berros

13 Jan 2023 [09:37](#)

Bayano Lake bridge

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [07:15](#)

Hotel y Restaurante Avicar

Ochraceous Wren

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

White-headed Wren

14 Jan 2023 [16:14](#)

Interamericana--km.263

Rufous-breasted Wren

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [09:43](#)

PN Altos de Campana

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Rufous-and-white Wren

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

Isthmian Wren

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [16:13](#)

Grimaldo's

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

Riverside Wren

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Bay Wren

8 Jan 2023 [06:56](#)

La Mesa

14 Jan 2023 [08:28](#)

Tortí

Buff-breasted Wren

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

14 Jan 2023 [07:15](#)

Hotel y Restaurante Avicar

15 Jan 2023 [06:30](#)

La Reversa,

16 Jan 2023 [07:30](#)

Las Peñitas Road

White-breasted Wood-Wren

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [15:31](#)

Sendero de Los Berros

Gray-breasted Wood-Wren

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Tropical Mockingbird

5 Jan 2023 [07:36](#)

Gamboa--Puente sobre el Chagres

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

11 Jan 2023 [13:02](#)

Guadalupe--Los Quetzales Ecolodge & Spa

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Black-faced Solitaire

Checklists3

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Orange-billed Nightingale-Thrush

11 Jan 2023 [15:25](#)

Lagunas de Volcán

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Ruddy-capped Nightingale-Thrush

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

Mountain Thrush

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

10 Jan 2023 [17:10](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Clay-colored Thrush

5 Jan 2023 [15:38](#)

Summit Ponds

5 Jan 2023 [18:08](#)

Radisson Summit Hotel and Golf Panama

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

11 Jan 2023 [13:02](#)

Guadalupe--Los Quetzales Ecolodge & Spa

11 Jan 2023 [15:25](#)

Lagunas de Volcán

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

13 Jan 2023 [12:59](#)

Hotel y Restaurante Avicar

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [16:14](#)

Interamericana--km.263

Black-and-yellow Silky-flycatcher

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

Long-tailed Silky-flycatcher

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

House Sparrow

14 Jan 2023 [07:15](#)

Hotel y Restaurante Avicar

Golden-browed Chlorophonia

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

Yellow-crowned Euphonia

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

14 Jan 2023 [16:14](#)

Interamericana--km.263

Thick-billed Euphonia

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

13 Jan 2023 [10:11](#)

Puente del Río Mono

Spot-crowned Euphonia

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Fulvous-vented Euphonia

8 Jan 2023 [06:56](#)

La Mesa

Tawny-capped Euphonia

7 Jan 2023 [09:43](#)

PN Altos de Campana

8 Jan 2023 [06:56](#)

La Mesa

Yellow-bellied Siskin

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

Sooty-capped Chlorospingus

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

Common Chlorospingus

10 Jan 2023 [17:10](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

Black-striped Sparrow

8 Jan 2023 [06:56](#)

La Mesa

Orange-billed Sparrow

11 Jan 2023 [15:25](#)

Lagunas de Volcán

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

14 Jan 2023 [08:28](#)

Tortí

Chestnut-capped Brushfinch

8 Jan 2023 [06:56](#)

La Mesa

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

Rufous-collared Sparrow

10 Jan 2023 [08:19](#)

Bajo Grande

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

10 Jan 2023 [17:10](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [13:02](#)

Guadalupe--Los Quetzales Ecolodge & Spa

Large-footed Finch

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

White-naped Brushfinch

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Yellow-thighed Brushfinch

10 Jan 2023 [17:10](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Wrenthrush

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Red-breasted Meadowlark

13 Jan 2023 [09:37](#)

Bayano Lake bridge

13 Jan 2023 [15:23](#)

Universidad De Panamá, Extencion Torti

Crested Oropendola

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Chestnut-headed Oropendola

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

13 Jan 2023 [10:11](#)

Puente del Río Mono

Scarlet-rumped Cacique

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

Yellow-rumped Cacique

5 Jan 2023 [15:38](#)

Summit Ponds

15 Jan 2023 [16:06](#)

Camino a El Salto

Orchard Oriole

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

Yellow-backed Oriole

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

Yellow-tailed Oriole

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

5 Jan 2023 [15:38](#)

Summit Ponds

13 Jan 2023 [15:30](#)

Río Tortí

Baltimore Oriole

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

10 Jan 2023 [13:55](#)

Guadalupe--Los Quetzales Ecolodge & Spa

14 Jan 2023 [16:14](#)

Interamericana--km.263

Shiny Cowbird

13 Jan 2023 [15:30](#)

Río Tortí

Giant Cowbird

13 Jan 2023 [15:30](#)

Río Tortí

Melodious Blackbird

11 Jan 2023 [13:02](#)

Guadalupe--Los Quetzales Ecolodge & Spa

Great-tailed Grackle

Carib Grackle

13 Jan 2023 [11:42](#)

Panamericana, Provincia de Panamá, PA (9.018, -78.561)

Northern Waterthrush

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

Golden-winged Warbler

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Black-and-white Warbler

7 Jan 2023 [16:48](#)

Cara Iguana

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Prothonotary Warbler

5 Jan 2023 [15:38](#)

Summit Ponds

8 Jan 2023 [06:56](#)

La Mesa

13 Jan 2023 [15:30](#)

Río Tortí

Flame-throated Warbler

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

Tennessee Warbler

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

MacGillivray's Warbler

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

Mourning Warbler

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

Olive-crowned Yellowthroat

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Chiriqui

American Redstart

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Magnolia Warbler

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

Bay-breasted Warbler

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [16:13](#)

Grimaldo's

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [08:28](#)

Tortí

15 Jan 2023 [16:06](#)

Camino a El Salto

16 Jan 2023 [07:30](#)

Las Peñitas Road

Yellow Warbler

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

13 Jan 2023 [15:30](#)

Río Tortí

Chestnut-sided Warbler

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [15:31](#)

Sendero de Los Berros

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Yellow-rumped Warbler

7 Jan 2023 [09:43](#)

PN Altos de Campana

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Yellow-throated Warbler

7 Jan 2023 [09:43](#)

PN Altos de Campana

Black-throated Green Warbler

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

10 Jan 2023 [17:10](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Chestnut-capped Warbler

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

8 Jan 2023 [06:56](#)

La Mesa

Black-cheeked Warbler

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Golden-crowned Warbler

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Costa Rican Warbler

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Buff-rumped Warbler

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

14 Jan 2023 [08:28](#)

Tortí

Wilson's Warbler

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

10 Jan 2023 [17:10](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Slate-throated Redstart

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Collared Redstart

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [10:02](#)

Parque Internacional La Amistad--Estación Las Nubes

Dusky-faced Tanager

8 Jan 2023 [06:56](#)

La Mesa

Hepatic Tanager

7 Jan 2023 [09:43](#)

PN Altos de Campana

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Summer Tanager

5 Jan 2023 [07:36](#)

Gamboa--Puente sobre el Chagres

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [09:43](#)

PN Altos de Campana

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Flame-colored Tanager

10 Jan 2023 [17:10](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

White-winged Tanager

11 Jan 2023 [15:25](#)

Lagunas de Volcán

Red-crowned Ant-Tanager

7 Jan 2023 [09:43](#)

PN Altos de Campana

8 Jan 2023 [15:31](#)

Sendero de Los Berros

Red-throated Ant-Tanager

5 Jan 2023 [15:38](#)

Summit Ponds

Rose-breasted Grosbeak

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Gray-headed Tanager

5 Jan 2023 [15:38](#)

Summit Ponds

14 Jan 2023 [08:28](#)

Tortí

White-shouldered Tanager

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [07:45](#)

Pipeline Road (Camino del Oleoducto) (área general)

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

Tawny-crested Tanager

8 Jan 2023 [06:56](#)

La Mesa

White-lined Tanager

8 Jan 2023 [15:31](#)

Sendero de Los Berros

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Flame-rumped Tanager

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [15:31](#)

Sendero de Los Berros

Scarlet-rumped Tanager

10 Jan 2023 [17:10](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [15:25](#)

Lagunas de Volcán

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Crimson-backed Tanager

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [16:13](#)

Grimaldo's

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [15:31](#)

Sendero de Los Berros

13 Jan 2023 [12:59](#)

Hotel y Restaurante Avicar

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [08:28](#)

Tortí

16 Jan 2023 [07:30](#)

Las Peñitas Road

Blue-gray Tanager

5 Jan 2023 [07:36](#)

Gamboa--Puente sobre el Chagres

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [16:13](#)

Grimaldo's

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

11 Jan 2023 [13:02](#)

Guadalupe--Los Quetzales Ecolodge & Spa

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

13 Jan 2023 [12:59](#)

Hotel y Restaurante Avicar

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [08:28](#)

Tortí

Palm Tanager

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [16:13](#)

Grimaldo's

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

11 Jan 2023 [13:02](#)

Guadalupe--Los Quetzales Ecolodge & Spa

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

13 Jan 2023 [12:59](#)

Hotel y Restaurante Avicar

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [08:28](#)

Tortí

14 Jan 2023 [16:14](#)

Interamericana--km.263

16 Jan 2023 [07:30](#)

Las Peñitas Road

Speckled Tanager

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Golden-hooded Tanager

5 Jan 2023 [15:38](#)

Summit Ponds

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

15 Jan 2023 [16:06](#)

Camino a El Salto

Plain-colored Tanager

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [16:48](#)

Cara Iguana

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [15:31](#)

Sendero de Los Berros

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

13 Jan 2023 [12:59](#)

Hotel y Restaurante Avicar

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [08:28](#)

Tortí

15 Jan 2023 [16:06](#)

Camino a El Salto

Bay-headed Tanager

7 Jan 2023 [12:29](#)

13-83 Manzana 130303, Campana, Panamá, PA (8.694, -79.904)

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

11 Jan 2023 [15:25](#)

Lagunas de Volcán

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Emerald Tanager

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

Silver-throated Tanager

7 Jan 2023 [09:43](#)

PN Altos de Campana

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

11 Jan 2023 [15:25](#)

Lagunas de Volcán

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Scarlet-thighed Dacnis

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

Blue Dacnis

7 Jan 2023 [12:29](#)

13-83 Manzana 130303, Campana, Panamá, PA (8.694, -79.904)

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

15 Jan 2023 [06:30](#)

La Reversa,

15 Jan 2023 [16:06](#)

Camino a El Salto

Red-legged Honeycreeper

5 Jan 2023 [09:23](#)

Pipeline Road (entrance to Juan Grande creek)

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

13 Jan 2023 [12:59](#)

Hotel y Restaurante Avicar

16 Jan 2023 [07:30](#)

Las Peñitas Road

Green Honeycreeper

9 Jan 2023 [10:26](#)

Parque Natural Metropolitano

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

White-eared Conebill

13 Jan 2023 [10:11](#)

Puente del Río Mono

Slaty Flowerpiercer

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

10 Jan 2023 [17:10](#)

Sendero Los Quetzales Trailhead

11 Jan 2023 [07:42](#)

Sendero Los Quetzales Trailhead

Blue-black Grassquit

13 Jan 2023 [09:37](#)

Bayano Lake bridge

13 Jan 2023 [15:23](#)

Universidad De Panamá, Extencion Torti

Thick-billed Seed-Finch

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

Variable Seedeater

5 Jan 2023 [07:43](#)

Gamboa--Ammunition storage facility loop

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

11 Jan 2023 [15:25](#)

Lagunas de Volcán

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

13 Jan 2023 [15:23](#)

Universidad De Panamá, Extencion Torti

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [08:28](#)

Tortí

Bananaquit

7 Jan 2023 [09:43](#)

PN Altos de Campana

8 Jan 2023 [06:56](#)

La Mesa

13 Jan 2023 [15:30](#)

Río Tortí

14 Jan 2023 [08:28](#)

Tortí

Yellow-faced Grassquit

7 Jan 2023 [09:43](#)

PN Altos de Campana

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

10 Jan 2023 [08:51](#)

Sendero Los Quetzales Trailhead

Buff-throated Saltator

5 Jan 2023 [15:38](#)

Summit Ponds

7 Jan 2023 [16:13](#)

Grimaldo's

8 Jan 2023 [06:56](#)

La Mesa

8 Jan 2023 [10:47](#)

Back road to Altos del Maria

8 Jan 2023 [15:31](#)

Sendero de Los Berros

11 Jan 2023 [15:25](#)

Lagunas de Volcán

12 Jan 2023 [08:30](#)

Paraíso Birding Paradise

14 Jan 2023 [08:28](#)

Tortí

Black-headed Saltator

8 Jan 2023 [06:56](#)

La Mesa

Streaked Saltator

6 Jan 2023 [16:20](#)

Radisson Summit Hotel and Golf Panama

7 Jan 2023 [16:13](#)

Grimaldo's

7 Jan 2023 [16:48](#)

Cara Iguana